# Diversity Calls Organized and Co-Facilitated by Jessica Bleuer, Diversity Chair, As downloaded from http://www.nadta.org/about-nadta/diversity.html



Hello Drama Therapists, Creative Arts Therapists, Students and Associated Professionals, the Diversity Committee is hosting a community conference call for NADTA members.

Processing the election results: What does this Mean for You & Your Clients?

Monday November 28, 8:30pm EST, 7:30pm CST, 5:30pm PST

The call will be 1h20 minutes in length

The NADTA is a space for all its members from all political perspectives. Like the American electorate, NADTA members hold diverse responses to the recent election results. While the political parties we support may be different, we feel confident that all NADTA members condemn the recent xenophobic, racist, homophobic, transphobic, Islamophobic and anti-Semitic violence that is occurring across the United States.

Let's come together to process, find ways to support each other, and stand up wherever and however we can.

Facilitators: Carlos Rodriguez Perez & Azizi Marshall

You can register by clicking on the following link:

## https://zoom.us/meeting/register/a23dc7f16e75d07ac5b9141539e44ee6

After registering, you will receive a confirmation email containing information about joining the meeting.

AFTER REGISTRATION YOU WILL RECEIVE AN E-MAIL with the following access points:

- To join via computer (with both audio, chat and video options), click on PC,
   MAC, Linux, IOS or Android Link (NO COST TO THE USER)
- To join by smart phone (with both audio, chat and video options) please

- download free zoom app prior to the call (\*please consider download time) (NO COST TO THE USER)
- To join by phone (with only audio option) call from US, use one of the US Toll Numbers, (please note long distance charges will apply, 4cents per minute OR 2.40\$/hr)
- To join by phone from Canada or another Country please refer to the last link connecting you to international numbers (please note long distance charges will apply)

For technical concerns prior to or during meeting e-mail <a href="mailto:diversity@nadta.org">diversity@nadta.org</a> and we will try our best to assist you in joining the call. Please try to log in 10 minutes before call time to address technical issues.

Thank you, Jessica Bleuer, Diversity Chair



Please join us for a Diversity Call: Addressing Outside World: Drama Therapeutic Conversations about Racism, Black Lives Matters & the Attawapiskat First Nations Human Rights Crisis

Monday October 3, 2016 - 8:30pm EST, 5:30pm PST, 7:30pm CST

Facilitated by Carmen White & Kamran Afary

What can Drama Therapy say about the world outside the office?

- How can our recognition of cultural oppression be used to maintain the therapeutic alliance?
- What is the role of recognition of cultural oppression in the creation of a safer space to work? In repair?
- Do you initiate conversations about racism, Black Lives Matter, the Attawapiskat First Nation Crisis in session?
- What are the injuries we do not talk about? Play with?

How does the recognition of cultural oppression support therapeutic alliance, repair, and a safer therapeutic space?

How can drama therapists be mindful of their own stereotypes, biases, privilege and experiences of oppression?

Join us for this Diversity Call and help us create a resource about Drama Therapy's Role in Addressing Cultural Oppression.



Please join us for a Diversity Call: Condolences & Outrage - Vigil Conference Call

Sunday June 19th at 9pm EST, 8pm CST, 6pm PST.

#### Please scroll down for the Spanish version of the message.

The North American Drama Therapy Association is heartbroken and outraged by the homophobic violence that has killed 50 people, injured 53 others, and instilled fear in Lesbian, Gay, Bisexual, Trans and Queer communities.

Homophobic violence has deep roots and is widespread, knowing that its resultant trauma impacts whole communities we want to offer our support to our members, and invite the Drama Therapy community to attend a vigil via conference call. Participants will be invited to hold a moment of silence followed by a space to share a few words. The vigil will be held on Sunday June 19th at 9pm EST, 8pm CST, 6pm PST. Call in number 857 957 1110, password 759 633, please email <a href="mailto:diversity@nadta.org">diversity@nadta.org</a> for more information.

#### Homenaje

La Associación Norte Americana de Drama Terapia esta devastada y con el corazón desecho por los hechos violentos homofóbicos ocasionando la muerte de 50 personas y 53 heridos, instalando miedo en las comunidades Lesbianas, Gay, Bisexual, Trans, y Queer

La violencia homofobica tiene raíces profundas y está muy extendida, sabiendo el impacto traumático sobre comunidades enteras, queremos ofrecer nuestro apoyo a todos nuestros miembros, e invitar a la comunidad Drama Terapia a atender un homenaje a través de una conferencia telefónica. Los participantes serán invitados a compartir un momento de silencio seguido de algunas palabras de homenaje. Se llevará a cabo el Domingo 19 de junio a las 21:00 EST, 20:00 CST, 18:00 PST. Para acceder al homenaje via telefonica, llamar al número 857 957 1110, contraseña 759 633. Para más información, envíe un email a: diversity@nadta.org



Please join us for a Diversity Call: **Promoting Inclusion of Spanish Speaking Members & Clients in Drama Therapy** 

June 11th, 2:00pm EST, 1:00pm, CST, 11:00am PST

A Diversity Call for Spanish Speaking Drama Therapists and those working with Latina, Latino and other Spanish speaking people.

How do we recognize and address the needs of Latinas, Latinos & Spanish speaking people in our communities, places of work, throughout NADTA initiatives?

- What are your needs as a Spanish speaking Drama Therapist?
- How do you use Drama Therapy to explore issues of cultural relevance with Latina/Latino and Spanish speaking clients?
- Is there a need for a Spanish Speaking Drama Therapy Supervision/Discussion Group? Would you like to be part of this group?

This call will be co-facilitated by Diversity Committee member Idalid Diaz and a member of the NADTA community.



Please join us for a Diversity Call: **Navigating Sexuality in the Workplace** Diversity call for LGTBT2SIQ Identified Drama Therapists

Monday May 30th, 8:30pm EST, 7:30pm, CST, & 5:30pm PST.

This is a confidential space where LGBT2SIQ people can discuss experiences of homophobia and transphobia they have experienced in the workplace, how people navigate self-disclosure, microaggressions and working with other LGBTQ and heterosexual people.

- How do you address microaggressions and assumptions about your sexuality created by a client, a colleague or a supervisor?
- How do you maneuver self-disclosure in a session?
- How do you maintain a therapeutic alliance with homophobic and transphobic clients?

This call will be co-facilitated by Diversity Committee member Shyam Anandampillai & NADTA member Navah Steiner.



Please join us for a Diversity Call: **Drama Therapy in the Aftermath of Mississippi, North Carolina and Other Homophobic/Transphobic laws** 

Monday May 16th, 8:30pm EST, 7:30pm, CST, & 5:30pm PST.

- Have you seen or felt an impact on homophobia and transphobia (both external and internalized) as a result of these laws?
- Do you initiate conversations about homophobia and transphobia in your sessions or wait for clients to introduce the topic?
- What tools do Drama Therapists have to address homophobia and transphobia in sessions, organizations and beyond?

This call will be facilitated by Diversity Chair Jessica Bleuer & NADTA member Mark Beauregard

To register and receive phone number to call in, please e-mail Jessica Bleuer at <a href="mailto:diversity@nadta.org">diversity@nadta.org</a>
Please include:

YOUR NAME & E-MAIL:

**GEOGRAPHICAL LOCATION:** 

& TOPIC OF INTEREST OR QUESTION you would like discussed during the call.

Please join us for upcoming Diversity Calls in May, June & July



Please join us for a Diversity Call: Microaggressions and their effects on the therapeutic process: What's a Drama Therapist to do?

Monday, July 20th at 5:30pm PST, 6:30pm MST, 7:30pm CST, and 8:30pm EST

Psychologist and Columbia University Professor Derald Wing Sue defines microaggressions as "brief and commonplace daily verbal, behavioral, and environmental indignities, whether intentional or unintentional, that communicate hostile, derogatory, or negative racial, gender, sexual orientation, and religious slights and insults to the target person or group" (Sue, 2010). Microaggressions are enacted against members from minority groups. They are often in the form of jokes or even disguised as compliments, and the people expressing them are often well-intentioned members of the dominant culture unaware of their negative impact on members of minority group cultures.

Let's get together and share experiences of microaggressions witnessed, experienced, or enacted and discuss:

- What is the impact of the microaggression on the therapeutic alliance; microaggressions coming from clients; microaggressions coming from therapists.
- What is the therapist's role when microaggressions arise during a session?
- What is the role of Drama Therapy in addressing microaggressions?
- How do the "recipient[s]" of the microaggression and the "enactor[s]" of themicroaggression define and perceive/experience microaggressions in thetherapeutic environment?

This dialogue will be facilitated by Shyam Anandampalli & Idalid Diaz, members of the NADTA Diversity Committee.



### Dear NADTA Community,

The North American Drama Therapy Association Diversity Committee is hosting a series of community conference calls for NADTA members to reflect on matters of interest pertaining to diversity, mental health, and the practice of drama therapy. These calls are facilitated by a member of the diversity committee and a member of the NADTA. Each call is for one hour.

The first call will be focused on **Racism and Mental Health** and will be co-hosted by Jessica Bleuer and Nisha Sajnani. The call will be held on June 1st, 2015 at 8pm EST, 7pm CST, 6pm MST, 5pm PST.

Please click here to sign up for this call and to receive call-in details