



## **CHECK LIST**

**Make sure you upload or send ALL materials according to the instructions below and keep a copy of documents for your records.**

It is recommended that items sent via postal mail are sent via registered mail or other method with tracking.

**YOUR APPLICATION WILL NOT BE FORWARDED TO THE REGISTRY COMMITTEE IF IT IS NOT COMPLETE!**

**An incomplete application will be returned to you for correction and submission in the next round.**

**Please upload the following documents in the online application system** (note that documents requiring signatures will need to be printed, signed, and uploaded).

Registry Application

\_\_\_\_\_ A theatrical resume.

\_\_\_\_\_ A short essay (1 page) describing the nature of your drama/theatre experience.

\_\_\_\_\_ Signed NADTA Code of Ethical Principles.

\_\_\_\_\_ If alternative training, a copy of completed Alternative Training Contract signed by your Board Certified Trainer.

**Send by postal mail or electronically to the NADTA office:**

\_\_\_\_\_ One copy of the graduate transcript must be sent directly to the NADTA from the institution **unopened** and **sealed** in their envelopes or sent electronically. Electronic transcripts are preferred. Sending an undergraduate transcript is optional unless you want to count your theatre degree toward the 500 theatre hours, then it is required.

**Payments:**

\_\_\_\_\_ \$50 non-refundable application fee which can be paid online

\_\_\_\_\_ Applicants are required to be a member of NADTA for the 12 months immediately preceding the P-RDT application. If you have not been a member for the past year, please contact the NADTA office for assistance with this.

# APPLICATION PART A

## Provisional-Registered Drama Therapist (P-RDT)

NAME – (Please list your name as you would like it printed on your Registry Certificate)			DATE OF BIRTH
LIST ANY ADDITIONAL NAMES THAT MAY BE ON YOUR APPLICATION MATERIALS OR ACADEMIC RECORDS			
HOME ADDRESS			HOME PHONE
CITY	STATE	ZIP	EMAIL
COMPANY			WORK PHONE
WORK ADDRESS			FAX
CITY	STATE	ZIP	EMAIL

### REGISTRATION PROCEDURAL BRIEF

#### I. EDUCATIONAL REQUIREMENTS:

##### 1. Masters or Doctoral Degree

**Select  
One (X)**

<input type="checkbox"/>	M.A. or Ph.D. in Drama Therapy from NADTA approved program
<input checked="" type="checkbox"/>	M.A. or Ph.D. in related field AND completion of Alternative Track Education requirements

One (1) copy of UNOPENED sealed official transcripts from graduate program sent directly to the NADTA office from the Institution the degree was obtained. If you are an Alternative Training Student also include one (1) copy of your completed Alternative Training Contract signed by your BCT. An undergraduate transcript is optional but is required if an undergraduate degree in theatre will be counted as the 500 theatre hours.

#### II. BASIC ELIGIBILITY REQUIREMENTS:

- 500 hours drama/theatre experience.
- Membership in NADTA for at least one year prior to application (proof required).

#### III. ADDITIONAL INFORMATION

- Signed standards and ethics form
- A short essay (1 page) describing the nature of your drama/theatre experience.
- \$50.00 non-refundable application fee in U.S. currency. Make payable to **NADTA**.

### ACKNOWLEDGEMENT

I hereby affirm that all information in this application is accurate.

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

**APPLICATION PART A**  
Provisional-Registered Drama Therapist (P-RDT)

SECTION 1:		EDUCATION REQUIREMENTS		
<b>Select A or B</b>		<p><b>NADTA approved M.A. program in Drama Therapy</b></p> <p>Master's or Doctoral Degree in Drama Therapy from an NADTA-approved university. An official transcript that documents completion of degree must be included with this application.</p>		
	x			
<b>A</b>		NAME OF SCHOOL	DEGREE	DATE OF GRADUATION
<b>B</b>		<p><b>Alternative Training Program</b></p> <p>Master's or Doctoral Degree in related field to Drama Therapy and Certificate of Completion of Alternative Training Education Track (see below). An official transcript that documents completion of degree must be included with this application.</p>		
		NAME OF SCHOOL	DATE OF GRADUATION	
		MAJOR	DEGREE	
		<p><b>Certificate of Completion of Alternative Training Education Track</b></p> <p>An official final transcript of the Alternative Training Contract with Certificate of Completion (final page of the contract) must be signed by the student's Board Certified Trainer and included with this application.</p>		
		NAME OF TRAINER / MENTOR	DATE OF COMPLETION	

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# APPLICATION PART A

## Provisional-Registered Drama Therapist (P-RDT)

### SECTION 1: EDUCATION REQUIREMENTS - CONTINUED.

#### Drama Therapy Internship

<p>Drama therapy internship must be a minimum of 800 hours. These hours include direct client contact hours, supervision hours, and indirect services such as preparing for sessions, writing notes, reviewing professional materials, and required meetings. The internship must take place in an accredited institution or licensed agency. You must have worked with at least two (2) different populations (e.g. children, physically disabled, adolescent, older adults). Your internship may take place in one or more settings, but two (2) population exposures are required as a minimum.</p>	<p>Internship hours may not precede introductory drama therapy course work for alternative training students as well as students in M.A. approved programs. To receive your RDT, <b>at least 300 hours of the internship must be direct client contact with at least 30 hours of supervision</b> by a registered drama therapist, registered creative arts therapist or Master's level credentialed mental health or education professional. "Direct client contact" is defined as the following: group therapy, couples/family therapy, individual therapy, direct assessment, programming, outreach, formal</p>	<p>consultation to other professionals or organizations, and milieu therapy. Because drama therapy requires more than adequate knowledge of group psychotherapy, a minimum of half of the hours of the direct client contact time (150 hours) must be counted for group therapy. All 300 hours can be group work. Up to 100 hours of Playback Theater can count toward hours if approved by your school or your BCT. Participation in a Playback Theatre troupe can be used towards these hours, provided supervision includes how Playback Theatre can be used or is being used in a drama therapy context.</p>
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If you have completed (2) two or more internships, please make additional copies of this page and fill out a separate form for each internship.

AGENCY/INSTITUTION

ADDRESS

CITY STATE ZIP

SUPERVISOR'S NAME DEGREE/CREDENTIAL

ADDRESS

CITY STATE ZIP

PHONE FAX EMAIL

INTERNSHIP HOURS SUMMARY DATE BEGAN DATE ENDED

NATURE OF SERVICE POPULATION(S)

Detail of Direct Client Service Hours HOURS

REQUIRED

For Guidance Only

## APPLICATION PART A

### Provisional-Registered Drama Therapist (P-RDT)

	1. Group Drama Therapy (Can include participation in, co-leadership, or leadership of drama therapy, creative arts therapy groups, psychodynamic, psycho-educational or community groups using action techniques, or milieu-centered activities like trips, special events, rehearsals, etc.)	
	2. Couples/Family Drama Therapy	
	3. Individual Drama Therapy	
	<b>TOTAL DIRECT SERVICE HOURS</b>	
	<b>TOTAL INDIRECT SERVICES HOURS</b>	
	<b>TOTAL SUPERVISION HOURS</b>	
	(Should be in a ratio of 1 supervision hour to every 10 direct client contact hours by a registered drama therapist, registered creative arts therapist, or Master's level credentialed mental health or education professional.)	
	<b>GRAND TOTAL HOURS</b>	

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# APPLICATION PART A

## Provisional-Registered Drama Therapist (P-RDT)

### SECTION 2: BASIC ELIGIBILITY REQUIREMENTS

**DRAMA/THEATRE EXPERIENCE:** An in-depth knowledge of drama, theatre, and/or performance is what makes drama therapists unique from other creative arts therapists. You are required to have at least 500 clock hours of experience in drama/theatre. These experiences may include acting, directing, and/or production work studied or performed in a college, community, or professional setting. One three credit college course is counted at 135 clock hours (including homework and rehearsal hours).

Please list the setting where you have had the majority of your theatre experiences or training:

(If you have more than three (3) sites as primary settings, please copy this page and fill out a separate form for additional settings.)

SETTING			DATES OF EXPERIENCE OR TRAINING RECEIVED		
			MONTH	TO	MONTH
ADDRESS			YEAR		
			CITY STATE ZIP		
SETTING			DATES OF EXPERIENCE OR TRAINING RECEIVED		
ADDRESS			MONTH	TO	MONTH
			CITY STATE ZIP		
SETTING			DATES OF EXPERIENCE OR TRAINING RECEIVED		
ADDRESS			MONTH	TO	MONTH
			CITY STATE ZIP		
<b>NAME OF PRIMARY INDIVIDUAL FAMILIAR WITH YOUR DRAMA/THEATRE EXPERIENCES WHO WE COULD CONTACT</b>					
NAME / TITLE				PHONE	
ADDRESS				FAX	
CITY		STATE	ZIP	EMAIL	

**APPLICATION PART A**  
**Provisional-Registered Drama Therapist (P-RDT)**

**WORKSHEET**

Please include this worksheet with your application

**I. BASIC ELIGIBILITY REQUIREMENTS**

	HOURS
Total Drama /Theatre Experience, or Total Drama / Theater Training Hours  (Must be at least 500 clock hours total)	

**DRAMA/THEATRE EXPERIENCE ESSAY. On a separate page, include the following:**

1. In a page or 2 write a short essay that describes the nature of your drama/theatre experiences.
2. Attach theatrical resume.

**Disclaimer**

It is important to note that to become a Provisional Registered Drama Therapist does not guarantee later approval of becoming a Registered Drama Therapist nor automatically mean that you can become licensed as a drama therapist or psychotherapist in the state in which you live. It is your responsibility to continue the application process to become a Registered Drama Therapist and to check on your state licensing regulations, including preferred master degrees, required course work and internship hours. NADTA works to track therapy legislation requirements, as well as to protect drama therapists in pending licensing issues. Unfortunately, licensing varies state to state, and each state's psychotherapy and counseling laws follows different regulations. At this time, there is no state licensing available in the United States for the title "Drama Therapist." To find out more information about the state licensing, please contact the Government Affairs Chair of the NADTA Board of Directors at the NADTA office, or your individual state mental health licensing board.

## **NADTA CODE OF ETHICAL PRINCIPLES**

Ethical practices in drama therapy are concerned with resolving issues related to practices and responsibilities in treatment, supervision, and research. Such standards are especially difficult to apply in new fields in the helping professions, where there may not be public awareness of responsible professional behavior and practices. The following are intended to serve as guidelines, which can protect the public and maintain the highest standards of objectivity and competence of drama therapists.

### **1) PROFESSIONAL RESPONSIBILITY**

Drama Therapists are responsible for providing professional services respectful of the legal and civil rights of others, adhere to the NADTA professional and ethical guidelines, and safeguard the dignity and rights of their clients, students, colleagues, and research participants.

- a) A drama therapist accepts responsibility for his/her actions in clinical work, teaching, supervision, and/or research and complies with ethical and legal standards of behavior.
- b) A drama therapist does not knowingly make public statements that are false, deceptive, or fraudulent concerning his/her research, practice, or other work activities or of those persons or organizations with which he/ she is affiliated.
- c) A drama therapist is responsible to report any conduct by another drama therapist that has substantially harmed or is likely to substantially harm a person or organization, and is not appropriate for informal resolution.
- d) A drama therapist is obligated to cooperate in any ethical investigations, or proceedings required by the NADTA.

### **2) COMPETENCE**

Drama Therapists limit their practice and services to those which are in their professional competence by virtue of their education and professional experience and consistent with any requirements for state/provincial and national/international credentials. They refer to other professionals when the therapeutic needs of clients exceed their level of competence.

- a) A drama therapist accurately represents his/her training, techniques and skills, and does not present information that is misleading or inaccurate.
- b) A drama therapist uses only initials to which he/she is legally entitled, for example: degree (s) from an accredited institution and/or registration or certification from professional organizations.
- c) A drama therapist takes adequate steps, through supervision or personal psychotherapy to prevent personal circumstances from interfering with the quality of service offered to others.
- d) A drama therapist respects and gives appropriate credit to colleagues in citing their work, research, or findings, in publications or presentations; does not misrepresent or misquote another's work.
- e) A drama therapist refrains from initiating any drama therapy activity if there is a substantial likelihood that personal circumstances will prevent the drama therapist from performing his/her work-related activities in a competent manner.
- f) A drama therapist who becomes aware of personal circumstances that may interfere with his/her ability to engage in drama therapy sessions, must take appropriate measures, such as obtaining professional consultation or assistance, and determine whether he/ she should limit, suspend, or terminate work-related duties.

- g) A drama therapist is informed of new clinical developments related to their practice, continues to develop their professional skills, and maintain their credentials through continuing education.

### **3) CONFIDENTIALITY**

Drama Therapists have a primary responsibility to maintain confidentiality with respect to the therapeutic relationship and all information and creative works resulting from clinical sessions and the therapeutic relationship. However, exceptions to confidentiality are only when disclosure is required by specific legal requirements, to prevent serious and imminent danger to client or others, and to protect a child, older adult, or other vulnerable person (s).

- a) A drama therapist maintains confidentiality, whether obtained in the course of practice, supervision, teaching, or research.
- b) A drama therapist obtains informed consent when releasing information that is specifically requested or appropriate.
- c) A drama therapist maintains informed consent when giving information about a client through publications or written or verbal presentations.
- d) A drama therapist takes strict precautions to ensure clients' records are stored in a secure location and ensures records and client information are available to authorized personnel only.

### **4) INFORMED CONSENT**

Drama Therapists take responsibility to keep clients, students, and research participants informed at all times during therapy, supervision or research projects. This includes, but is not limited to, goals, techniques and methodologies, procedures, limitations, potential risks, and benefits.

- a) A drama therapist obtains informed consent of the individual (s) or legal guardian (s) when conducting therapy, research, or providing assessment or consulting services. A drama therapist uses language on the consent form that is understandable to the person (s). Where limitations to understanding are apparent such as cognitive deficits or with young children, the drama therapist secures informed consent from a legal guardian.
- b) A drama therapist informs the client (s) at the initiation of therapy about the purpose, goals, techniques, limitations, duration, and any other pertinent information, so that clients can make an informed consent to participate in therapy.
- c) A drama therapist gains permission from the individual (s), or their legal representatives, to whom he/she provides services before recording voices or images.
- d) A drama therapist ensures his/her clients understand the implication of any assessment, fee arrangements, record keeping, therapeutic plan, and limits to confidentiality.
- e) A drama therapist informs clients, students, and research participants that they have the right to refuse any recommended services and are advised of the consequences of such a refusal.



# APPLICATION PART A

## Provisional-Registered Drama Therapist (P-RDT)

students' academic performance do not themselves provide that therapy.

### 5) PROFESSIONAL RELATIONSHIPS

Drama Therapists have a primary responsibility to respect and promote the welfare of their clients and to avoid any multiple relationships that could impair professional judgment or increase the risk of harm to clients.

#### PRINCIPLE OF RELATIONSHIPS (Continued)

a) A drama therapist does not engage in unfair discrimination based on age, gender, identity, race, ethnicity, culture, national origin, religion, sexual orientation, disability, socioeconomic status, or any basis proscribed by law.

b) A drama therapist does not engage in sexual solicitation, physical advances, and/or verbal or nonverbal conduct that is sexual in nature, in connection with the drama therapist's activities.

c) A drama therapist does not engage in sexual relationships with clients, students, supervisees, interns or research participants.

d) A drama therapist refrains from entering into multiple relationships with clients. When multiple relationships are unavoidable, appropriate professional precautions are undertaken such as informed consent, supervision, consultation, and documentation, to ensure that judgment is not impaired.

### 6) PRINCIPLE OF TEACHING AND TRAINING

Drama Therapists who are responsible for drama therapy education and training adhere to current NADTA guidelines and standards with respect to their professional activities.

a) A drama therapist is knowledgeable regarding ethical aspects of the profession and makes students/supervisees aware of their responsibilities.

b) A drama therapist provides the proper training that meets the requirements for registration or other goals for which claims are made by the program.

c) A drama therapist ensures that a current and accurate description of program goals and objectives, course descriptions, curriculum and content, fee structures, and completion criteria that must be satisfied for completion of the program is provided to students.

d) A drama therapist gives accurate and objective information while teaching or training.

e) A drama therapist does not teach techniques/procedures for which he/she has not been trained.

f) A drama therapist does not teach techniques/procedures for which they have been trained to individuals who lack the prerequisite training or expertise.

g) A drama therapist defines and maintains appropriate professional, social, and ethical boundaries with students/supervisees.

h) A drama therapist offers appropriate feedback to students/supervisees and evaluates their performance on relevant and established program requirements throughout training.

i) A drama therapist responsible for a program/course that requires the students to have individual or group therapy, ensures that faculty who are or are likely to be responsible for evaluating

j) A drama therapist in education, training, or supervision relationships does not engage in clinical relationships as therapist/client with students and/or supervisees and instead refers them to another professional.

### 7) PRINCIPLE OF PHYSICAL CONTACT, ROLE PLAY, AND OTHER DRAMA THERAPY ACTIVITIES

Drama Therapists are responsible to practice drama therapy techniques in a manner that is professional, maintains professional boundaries, and is always based on the individual's therapeutic goals, safety, and best interest.

a) A drama therapist uses physical contact in the context of therapeutic goals with the individual's consent and in a safe and respectful manner.

b) A drama therapist never imposes or requires that an individual make physical contact, and at any point during a session a client can refrain from and refuse physical contact.

c) A drama therapist maintains professional boundaries in the context of the drama therapy session when physical contact, role play, and other drama therapy techniques are employed.

### 8) RESPONSIBILITY TO RESEARCH PARTICIPANTS

Drama Therapy researchers respect the dignity and protect the welfare of participants in research.

a) A drama therapist researcher is guided by laws, regulations, and professional standards governing the conduct of research.

b) A drama therapist researcher seeks the ethical advice of qualified professionals not directly involved in the investigation to determine the extent to which research participants may be compromised by participation in research. The researcher observes safeguards to protect the rights of research participants.

c) A drama therapist researcher requesting participants' involvement in research informs them of all aspects of the research that might reasonably be expected to influence willingness to participate. Investigators take all reasonable steps necessary to ensure that full and informed consent has been obtained from participants who are also receiving clinical services, have limited understanding and/or communication, or are minors.

d) A drama therapist researcher respects participants' freedom to decline participation in, or to withdraw from, a research study at any time with no negative consequences to their treatment.

e) A drama therapist researcher cannot use information about a research participant during the course of an investigation unless there is authorization previously obtained in writing. When there is a risk that others, including family members, may obtain access to such information, this risk, together with the plan for protecting confidentiality, is to be explained as part of the procedure for obtaining informed consent.

**APPLICATION PART A**  
**Provisional-Registered Drama Therapist (P-RDT)**

The P-RDT is intended for those actively pursuing the RDT. Please review the RDT application Part B for experience hour requirements. Certification is contingent upon signing this Code of Ethical Principles. This signed form is kept on file at the NADTA office. The P-RDT Part A is valid for 2 years. Supervision must be in place while gathering experience hours.

I, \_\_\_\_\_, have read and understand the foregoing NADTA Code of Ethical Principles and agree to abide by them.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

For Guidance Only

# **APPLICATION PART A**

## **Provisional-Registered Drama Therapist (P-RDT)**

### **Recommended timeline for completing the P-RDT Part A application**

- 8-10 weeks: AT students should set up a meeting with their BCT to review internship hours and complete their AT contract.
- 6-8 weeks:
  - Request undergraduate and graduate transcripts be sent directly to the NADTA office from the institution you attended. Electronic transcripts (preferred) can be sent to [credentialing@nadta.org](mailto:credentialing@nadta.org) and mailed transcripts can be sent directly to the NADTA office. Please note, that International students may need to request transcripts earlier.
  - Double check that you are up to date on your NADTA membership.
- 3 weeks:
  - Write Theatre/Drama Essay.
  - Complete Theatre resume.
  - Review and complete Drama/Theatre experience hours. Remember if you have a degree in theatre, this is complete.
- 2 weeks: Read and sign the NADTA CODE OF ETHICAL PRINCIPLES.
- 1 week: Pay the application fee and apply online. Aiming to apply early allows time for any unexpected circumstances that arise to be handled well before the deadline.