



Witnesses to the Dark: the Absence, Emergence and Performance of Trauma

Saturday, November 3, Early Morning Activities

8:00 AM – 9:00 AM

Yoga and Trauma

(Yoga and Trauma)

Mira Rozenberg, MA, RDT

An experiential yoga class intended as self care for therapists and conference goers. We will explore the benefits of yoga for traumatized patients and experience yoga as a source of healing for therapists. This will be an all-levels yoga experience with the intention of connecting to our bodies as the source of our healing – for our clients and ourselves.

RDT/Alternate Track Training Informational Meeting

(M2 – RDT/Alt. Track Mtg.)

Heidi Landis, MFA, RDT/BCT, LCAT, PAT, CGP

Education Chair

Saturday, November 3, All-Day Workshop

9:00 AM – 4:00 PM (4.5 hours)

No Longer Alone in the Dark – Drama Therapy Educators' Forum

(C1 – Educators' Forum)

Jason Butler, MA, RDT/BCT

This gathering will continue to explore the training of drama therapists. Through sharing techniques, syllabi, stories and struggles we will support each other in the frequent isolating murkiness of education. Focus will be on concrete tools for educators as well as philosophical ideas such as competencies and training vs. therapy.



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Saturday, November 3, Morning Long Workshops

9:00 AM –12:00 PM

Families in Crisis: Using Psychodrama to Heal a Broken System

(C2 – Families in Crisis)

Azizi Marshall, MA, RDT/BCT, LPC, REAT

By witnessing the dark through the eyes of our clients' familial relationships, we open up the possibility of healing. Together we will put the pieces back together and experience healing a shattered family through psychodramatic techniques.

Speaking the Truth: Standing in Power

(C3 – Speaking Truth: Power)

Antonina Garcia, MSW, EdD, RDT/BCT, TEP

Dale Richard Buchanan, PhD, LICSW, TEP

Attending and attuning to our soul and spirit connects us to our inner truth. Speaking and standing in that truth with authenticity and respect guarantees us potency and peace of mind. This training will focus on how to help clients discover their essential truths and embody them in everyday life, transforming challenges and mobilizing strengths.



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Scheherazade in a Lebanese Prison: The Patriarchy and Collective Trauma

(C4 – Patriarchy & Collective Trauma)

Armand Volkas, MFA, MA, MFT, RDT/BCT

Zeina Daccache, MA, RDT

A pioneering Lebanese drama therapist creates self-revelatory performances in Baabda women's prison. Many inmates there murdered their husbands as their only escape from unspeakable abuse. Through film, case presentation and experiential illumination, the presenter and an American colleague explore the impact of the collective wounding of the Patriarchy on society.

The Hidden Face of Suicide – the film, and the role of audience as witness

(C5 – The Hidden Face of Suicide)

Yehudit Silverman, R-DMT, RDT

A presentation of the award winning film, *The Hidden Face of Suicide*, and the creative responses from audiences around the world – as well as discussion on the use of film, myth, masks, and the role of the audience as witness and responder, in dealing with the trauma of suicide.

The Witness and the Protector: Psychodramatic Roles for Working with Trauma

(C6 – The Witness and the Protector)

Louise Lipman, LCSW-R, CGP, TEP

The roles of Witness and Protector are unique additions to the psychodramatic process that help create safety, validate the reality of the protagonist, promote healing and avoid re-traumatization when working with traumatic events in action. This experiential workshop will demonstrate how this process lessens isolation, instilling connection, empowerment and hope.



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Saturday, November , Early Morning Short Workshops

9:00 AM – 10:30 AM

Taking the Stage for Social Justice: Theatre for Change

(C7a – Theatre for Social Change)

Linda Gregoric-Cook, MA, RDT/ BCT

Robert Landy, PhD, RDT/ BCT, LCAT

Helen “Ginger” Berrigan, JD

In this roundtable discussion, two drama therapists and a Louisiana federal judge bring their prison experiences to two collaborative projects: a Mock Trial with expelled high school students and a play, *LETTERS FROM SING SING*, by Robert Landy. Witnesses to trauma narratives, they became social translators for social change.

The Sound of Children Laughing: Drama Therapy with Trauma Survivors

(C8a– The Sound of Children Laughing)

Bobbi Kidder, MA, RDT/ BCT

Strength-based and Creative Arts Therapies fit naturally in addressing survivors of trauma. Inspired by the Regenerative Model: demonstration, discussion, activity. Bobbi Kidder has used these principles with youth in treatment centers, correctional facilities, and teen theatres in her 27 years as an educator and drama therapist.



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Saturday, November 3, Late Morning Short Workshops

10:45 AM – 12:15 PM

Trauma on the Path: Preparing the Guide for the Hero's Journey

(C7b – Preparing the Guide)

Marianne Franzese Chasen, MA

Lee Chasen, PhD, RDT, LCAT

This workshop is intended to support drama therapists in developing a personal practice of preparation to create a space where the healing of trauma can occur. We will explore the physical, emotional, intellectual and spiritual preparation needed to be an effective guide for the Hero's Journey.

Embodying the Disembodied: Drama Therapy with Clients with Eating Disorders and Trauma

(C8b – Embodying the Disembodied)

Laura Wood, MA, RDT, PLPC, CCLS

The underlying root for eating disorders is often unresolved trauma. At Castlewood, client dilemmas are explored through Internal Family Systems therapies and drama therapy. Through the use of didactic presentation, experientials and photos/videos, audience members will better understand the eating disorder as a protective function of trauma wounds.



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Saturday, November 3

12:15 PM – 2:15 PM

Community Business Meeting/Regional Lunch Meetings

(M3 – Community Meeting)

Nisha Sajnani, PhD, RDT
President

Join us for our annual community business meeting where the Board will present current initiatives, members will connect with colleagues in their regions, and we will hold a conversation about issues of interest to the membership.

Saturday, November 3, Afternoon Short Workshops

2:30 PM – 4:00 PM

School Interrupted: Trauma and College Based Treatment Settings

(D1 – School Interrupted)

Navah Steiner, MA, RDT, LCAT

What happens when traumatic memories or a current traumatic event emerge in treatment at a short-term college counseling center? A drama therapist, working with visual art students, will explore treatment implications for this client population. This workshop will include case presentations, theoretical perspectives and experiential reflections.



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Esmin: Four Years Later

(D2 – Esmin: Four Years Later)

Kate Hurd, MA, RDT/BCT, LCAT
Prentiss Benjamin
Leticia Kuyumciyan, MA

A woman named Esmin died in the psychiatric emergency room of a city hospital. Her story was evidence of brokenness, indifference and disconnection. Organizations, like individuals, can be organized around a traumatic event. How has Esmin affected both the organization and the individuals that work there? Interviews with staff will be the basis for a scripted dramatic enactment.

Touch, Body and Trauma: A Drama Therapy Perspective

(D3 – Touch, Body and Trauma)

Mira Rozenberg, MA, RDT
Jodi Rabinowitz, MA

This workshop explores touch and body-based practices in trauma treatments from a drama therapy perspective. We examine sensorimotor and musculoskeletal processes involved in the body's response to stress, trauma, and recovery. We will outline techniques that re-integrate body and mind and emphasize the importance of physical practices in treating traumatic stress.



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Quiero Olvidar/I Want to Forget: Sexual Abuse Treatment with Latino Immigrant Families

(D4 – Quiero Olvidar)

Beth VanBuecken, MA, RDT

An exploration of creative arts therapy with Latino children and families impacted by the trauma of sexual abuse and the immigration experience. Drama and art therapy can help families to express unspeakable traumas, heal together, and build community. The workshop will include experientials, case material and special considerations for treatment.

Trauma in a Forensic Psychiatric Environment: Playing in the Darkness

(D5 – Trauma Forensic Environment)

Daniel Haywood, MA, RDT

Elyssa Kilman, MA, RDT, LCAT

Trauma has a complex presence on a forensic psychiatric unit, an environment that often minimizes historical and cultural trauma, and engenders new traumatic events. Drama therapy processes invite acknowledgement and witnessing of clients' experiences, facilitating rediscovery and acceptance of self and other beyond roles of victim, perpetrator, inmate and patient.



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Secrets of the Perpetrator: Healing Trauma to Prevent Sexual Violence

(D6 – Secrets of the Perpetrator)

Lisa Merrell, MA, RDT, LCAT

Travis Merrell, MA, RDT, LCAT

Many sexual offenders are survivors of childhood abuse. The absences this leads to and the way it is performed as sexual violence must be healed in order to prevent future victims. A perpetrator's own trauma must inform us and the work must be brief and deep. Workshop participants will develop brief, deeply affective exercises to address the past victimization of perpetrators.

Who is "Miss Kim?" – The Application of Trauma-Informed Drama Therapy in Schools

(D7 – Who is "Miss Kim?")

Kimberly Jewers-Dailley, MA, RDT

Christine Mayor, MA, RDT

This presentation will provide a theoretical understanding of the therapeutic persona of "Miss Kim": a drama therapist in New Haven Public Schools. Case examples will be shared to show the impact of having a trauma-informed drama therapist in schools and offer applicable guiding principles for working in urban school systems.



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Saturday, November 3

4:00 PM – 5:00 PM

Student Forum I

(M4 – Student Forum 1)

Facilitated by Mikel Moss
Student Committee Co-Chair

A very wise drama therapist once said: “you are a student for a few years, but a colleague for life” To that end, this year’s student forum is designed to give us an opportunity to network and make more lasting connections with one another. Join us and connect!

The Ethics of Advocacy: Ethics/Advocacy Meeting

(M5 – Ethics/Advocacy)

Deborah Pierce McCabe, MA, RDT/BCT
Government Affairs Chair
Maria Hodermarska, MA, RDT, LCAT, CASAC
Ethics Chair

The ethics of advocacy: how to introduce yourself and the field of drama therapy. This workshop will provide guidelines on what to say and what not to say when advocating for drama therapy. Participants will create and rehearse an advocacy speech they can use to talk with legislators and employers.



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Saturday, November 3

5:15 PM – 6:45 PM

Body of Knowledge: How Does Trauma Perform? A panel discussion on the aesthetics of trauma

(BK2 – Trauma Performs)

Maria Hodermarska, MA, RDT, LCAT, CASAC, **Host**

Craig Haen, MA, RDT, CGP, LCAT

Nisha Sajnani, PhD, RDT

Lucy McLellan, MA, RDT/BCT, LCAT

Ellen Nasper, PhD

Cecilia Dintino, PsyD, MS, MA, RDT

Our second Body of Knowledge asks, “How does trauma perform?” Using Weaver’s “long table” forum/performance structure, this panel will explore the roles, dissociations/traumatic re-enactments and symptomatology that manifest in treatment in terms of aesthetics. Additionally, we will examine the aesthetic/ethical issues that arise in performance-oriented drama therapy with individuals who have experienced trauma along with the aesthetics of the perpetrator and perpetration.

Saturday, November 3

7:45 PM

President’s Reception

Nisha Sajnani, PhD, RDT

Please join Nisha Sajnani, NADTA President, as she welcomes conference attendees, and awards new RDTs and BCTs.



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THE INSTITUTE FOR EXPRESSIVE ANALYSIS



The Institute for Expressive Analysis (IEA) is a New York State License qualifying program that offers training in psychoanalysis. IEA places a particular emphasis on the integration of psychotherapy and psychoanalysis with the creative process. The curriculum provides diverse theoretical approaches including Object Relations, Self-Psychology, Relational Psychoanalysis, Jungian, and Contemporary Freudian theory. Training focuses on both verbal and nonverbal aspects of treatment and is applicable for both private practice and institutional settings.

IEA's program promotes the development of therapeutic artistry by providing a solid clinical base along with exposure to creative currents in contemporary psychoanalysis. IEA offers a personal, intimate training atmosphere based on the belief that every analyst must find her/his own therapeutic metaphor, style, and way of integrating the many dimensions of training. Central to this integration is developing a deep understanding of one's own subjectivity and patient-analyst co-created dynamics related to the transference-countertransference; the heart of psychoanalytic treatment.

IEA's consultation center is also available for low-fee psychotherapy referrals.

www.IEANYC.org



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NYU Steinhardt

Steinhardt School of Culture, Education, and Human Development

We invite applications to the **NYU Drama Therapy Program** through January 6, 2013. For information please go to www.steinhardt.nyu.edu/music/dramatherapy or email nyudramatherapy@gmail.com.

The NYU Program in Drama Therapy celebrates the achievements of two of its students:



Refiloe Lepere (NYU Drama Therapy class of 2013)

Refiloe is a Lilah Hilliard Fisher Scholarship Winner and a Ford Foundation Fellow. She has recently won an important grant from the Davis Peace Project to conduct drama therapy workshops in South Africa with teens to address issues of domestic violence and healthy relationships. Refiloe is a writer, actress and director from South Africa.



Dominique Darrell (NYU Drama Therapy class of 2013)

Dominique is this year's winner of the Lilah Hilliard Fisher Drama Therapy Scholarship. She is a Vocational Rehabilitation Counselor at Interfaith Medical Center in Brooklyn where she works with mentally ill individuals. Dominique is a trained actress who has performed in several off Broadway plays and films. Dominique holds a Masters of Science and Education in Rehabilitation Counseling from Hunter College.

KANSAS STATE UNIVERSITY *Alternative Training in Drama Therapy*

Kansas State University offers a 30 credit hour MA curriculum specifically dedicated to drama therapy.

Kansas State's Drama Therapy Program focuses on community engagement with many opportunities for participation in departmental and community theatre productions, social action projects, and internships in schools and community organizations.

Courses Include:

- *Principles in Drama Therapy
- *Creative Arts Therapies
- *Creative Drama
- *Workshop in Playwriting
- *Drama Therapy with Special Populations
- *Ethics and Professionalism in Drama Therapy
- *Electives in drama therapy, theatre, marriage & family therapy, and psychology
- *Drama Therapy MA Project

Financial Aid
Graduate Teaching Assistantships are available in Public Speaking and Theatre which offer tuition waiver for up to 10 hours per semester and a nine month competitive stipend. For additional information about financial aid for graduate students, please visit: www.k-state.edu/sfa



Apply Today!



For more information contact:
Sally Bailey, Director of Graduate Studies
Phone: 785-532-6780
E-mail: sdbailey@ksu.edu
Website: www.k-state.edu/theatre

North American Drama Therapy
Association (NADTA)

33rd Annual Conference

November 2-5, 2012
New Haven, Connecticut



DAY 2

SATURDAY

NOVEMBER 3, 2012

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